Basic Life Support

D  Dangers?

R  Responsive?

S  Send for help

A  Open Airway

B  Normal Breathing?

C  Start CPR
30 compressions : 2 breaths
if unwilling / unable to perform rescue breaths continue chest compressions

D  Attach Defibrillator (AED)
as soon as available and follow its prompts

Continue CPR until responsiveness or
MANAGEMENT OF FOREIGN BODY AIRWAY OBSTRUCTION (CHOKING)

Assess Severity

Ineffective Cough
- Severe airway obstruction
  - Unconscious: Call ambulance, Commence CPR
  - Conscious: Call ambulance, Give up to 5 back blows, *If not effective* Give up to 5 chest thrusts

Effective Cough
- Mild airway obstruction
  - Encourage coughing: Continue to check casualty until recovery or deterioration, Call ambulance

www.frontline.edu.au